July 2025

SAT	FRI	THU	WED	TUE	MON	SUN
05	04	03	02	01		
	10:00am Tai Chi in Hall	1pm Bridge in Hall	10:00am Al-Anon in Conn Room	[<i>suspended</i> – 1:00-2:00pm	ssroads	
	12:30-3:00pm ISK Friday Prayers in Hall	[suspended - 1:30-2:30pm VON Exercise in Conn Room]		VON Exercise in Conn Room]	ED CHURCH Blvd. Kingston	690 Sir John A Macdonal
6:00-8:00pm TLC Choir		8:00-10:00pm TLC Youth in AW	6:30pm AA in Conn Room			K7M 1A2 613-542-9305
12	11	10	09	08	07	06
1:30-3:30pm Tai Chi Meeting in Hall	10:00am Tai Chi in Hall	1pm Bridge in Hall	10:00am Al-Anon in Conn Room	[suspended – 1:00-2:00pm VON Exercise in Conn Room]	1:00pm Bridge in Hall	10:30am Crossroads
	12:30-3:00pm ISK Friday Prayers in Hall	[suspended – 1:30-2:30pm VON Exercise in Conn Room]	2:00-4:00pm SCAN in A.W.		3:30-6:30 Yoga in Narthex	Worship 12:30-4pm TLC Worship in Hall
6:00-8:00pm TLC Choir		8:00-10:00pm TLC Youth in AW	6:30pm AA in Conn Room		7:00-8:30pm Tai Chi	6:00pm AA in Hall
19	18	17	16	15	14	13
	10:00am Tai Chi in Hall	1pm Bridge in Hall	Voucher Day	[suspended – 1:00-2:00pm VON Exercise in Conn Room]	1:00pm Bridge in Hall	10:30am Crossroads
	12:30-3:00pm ISK Friday Prayers in Hall	[suspended – 1:30-2:30pm VON Exercise in Conn Room]	10:00am Al-Anon in Conn Room		3:30-6:30 Yoga in Narthex	<mark>Worship</mark> 12:30-4pm TLC Worship in
6:00-8:00pm TLC Choir	III I I I I	8:00-10:00pm TLC Youth in AW	6:30pm AA in Conn Room		7:00-8:30pm Tai Chi	Hall 6:00pm AA in Hall
26	25	24	23	22	21	20
6:00-8:00pm TLC Choir	10:00am Tai Chi in Hall	1pm Bridge in Hall [suspended –	10:00am Al-Anon in Conn Room	[suspended – 1:00-2:00pm VON Exercise in Conn Room]	1:00pm Bridge in Hall	10:30am Crossroads Worship
	12:30-3:00pm ISK Friday Prayers in Hall	1:30-2:30pm VON Exercise in Conn Room]			3:30-6:30 Yoga in Narthex	12:30-4pm TLC Worship in Hall
		8:00-10:00pm TLC Youth in AW	6:30pm AA in Conn Room		7:00-8:30pm Tai Chi	6:00pm AA in Hall
		31	30	29	28	27
		1pm Bridge in Hall [suspended – 1:30-2:30pm VON Exercise in Conn Room]	10:00am Al-Anon in Conn Room	[suspended – 1:00-2:00pm VON Exercise in Conn Room]	1:00pm Bridge in Hall 3:30-6:30 Yoga in Narthex 7:00-8:30pm	10:30am Crossroads Worship 12:30-4pm TLC Worship in Hall 6:00pm AA in
		8:00-10:00pm TLC Youth in AW	6:30pm AA in Conn Room		Tai Chi	. Hall